2011 State Profile — Pennsylvania
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In Pennsylvania, 578 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 53,377 clients in substance abuse treatment on March 31, 2011. The survey response rate in Pennsylvania was 95.3%.

Facility Operation

| | Facilities | | Clients in Treatment on March 31, 2011 | | | |
| | | | All Clients | | Clients Under Age 18 | |
	No.	%	No.	%	No.	%
Private non-profit	361	62.5	30,383	56.9	2,125	73.4
Private for-profit	200	34.6	21,709	40.7	767	26.5
Local, county, or community government	3	0.5	55	0.1	5	0.2
State government	1	0.2	90	0.2	0	0.0
Federal government	13	2.2	1,140	2.1	0	0.0
Dept. of Veterans Affairs	12	2.1	1,115	2.1	0	0.0
Dept. of Defense	1	0.2	25	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**578**	**100.0**	**53,377**	**100.0**	**2,897**	**100.0**

Primary Focus of Facility

| | Facilities | | Clients in Treatment on March 31, 2011 | | | |
| | | | All Clients | | Clients Under Age 18 | |
	No.	%	No.	%	No.	%
Substance abuse treatment services	385	66.6	41,512	77.8	1,970	68.0
Mental health services	17	2.9	426	0.8	3	0.1
Mix of mental health & substance abuse treatment services	171	29.6	11,322	21.2	870	30.0
General health care	3	0.5	29	0.1	2	0.1
Other/unknown	2	0.3	88	0.2	52	1.8
Total	**578**	**100.0**	**53,377**	**100.0**	**2,897**	**100.0**

Substance Abuse Problem Treated

| | Facilities[1,2] | | Clients in Treatment on March 31, 2011 | | Clients per 100,000 Pop. |
| | | | Clients[3] | | |
	No.	%	No.	%	Aged 18 or Older
Clients with both alcohol and drug abuse	488	89.9	22,531	42.2	209
Clients with drug abuse only	453	83.4	23,997	45.0	233
Clients with alcohol abuse only	417	76.8	6,845	12.8	64
Total[2]	**543**		**53,374**	**100.0**	**506**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 35

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2011				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**458**	**79.2**	**47,688**	**89.3**	**75**	**2,561**	**88.4**
Regular	437	75.6	20,769	38.9	32		
Intensive	267	46.2	8,833	16.5	20		
Day treatment/partial hospitalization	84	14.5	999	1.9	6		
Detoxification	36	6.2	338	0.6	1		
Methadone maintenance	73	12.6	16,749	31.4	209		
Residential (non-hospital)	**159**	**27.5**	**4,736**	**8.9**	**23**	**334**	**11.5**
Short term	82	14.2	1,924	3.6	16		
Long term	136	23.5	2,276	4.3	18		
Detoxification	38	6.6	536	1.0	7		
Hospital Inpatient	**28**	**4.8**	**953**	**1.8**	**12**	**2**	**0.1**
Treatment	22	3.8	584	1.1	6		
Detoxification	24	4.2	369	0.7	7		
Total	**578**		**53,377**	**100.0**	**55**	**2,897**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs[1]	**73**	**6.1**
Clients in Facilities with OTPs		
Methadone	18,426	98.4
Buprenorphine	291	1.6
Total	**18,717**	**100.0**

[1] Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	547	94.6
Private health insurance	382	66.1
Medicare	205	35.5
Medicaid	440	76.1
Other State-financed health insurance	253	43.8
Federal military insurance	108	18.7
Access to Recovery (ATR) vouchers[2]	N/A	N/A
Accepts HIS/638 contract care funds	2	0.3
No payment accepted	2	0.3
Accepts other payments	6	1.0
Sliding fee scale	289	50.0
Treatment at no charge for clients who cannot pay	226	39.1

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	559	96.7
State substance abuse agency	426	73.7
State mental health department	149	25.8
State department of health	509	88.1
Hospital licensing authority	42	7.3
The Joint Commission	130	22.5
CARF[2]	110	19.0
NCQA[3]	21	3.6
COA[4]	42	7.3
Other State/Local Agency/Org	40	6.9

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehabilitation Facilities

[3] National Committee for Quality Assurance

[4] Council on Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	329	56.9

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	**569**	**98.4**
Screening for substance abuse	532	92.0
Screening for mental health disorders	359	62.1
Comprehensive substance abuse assessment or diagnosis	540	93.4
Comprehensive mental health assessment or diagnosis	239	41.3
Screening for tobacco use	282	48.8
Outreach to persons in the community who may need treatment	306	52.9
Interim services for clients when immediate admission is not possible	255	44.1
Testing	**508**	**87.9**
Breathalyzer or blood alcohol testing	308	53.3
Drug or alcohol urine screening	491	84.9
Screening for Hepatitis B	143	24.7
Screening for Hepatitis C	156	27.0
HIV testing	199	34.4
STD testing	118	20.4
TB screening	202	34.9
Counseling	**573**	**99.1**
Individual counseling	569	98.4
Group counseling	540	93.4
Family counseling	512	88.6
Marital/couples counseling	400	69.2
Transitional Services	**572**	**99.0**
Discharge planning	565	97.8
Aftercare/continuing care	526	91.0
Pharmacotherapies	**307**	**53.1**
Medications for psychiatric disorders	230	39.8
Nicotine replacement	101	17.5
Campral®	76	13.1
Antabuse®	68	11.8
Naltrexone (oral)	76	13.1
Vivitrol® (injectable Naltrexone)	36	6.2
Buprenorphine	106	18.3
Subutex® or generic	49	8.5
Suboxone®	102	17.6
Methadone	89	15.4
Non-nicotine smoking/tobacco cessation medications	67	11.6
Ancillary Services	**569**	**98.4**
Case management services	374	64.7
Social skills development	381	65.9
Mentoring/peer support	273	47.2
Child care for clients' children	64	11.1
Assistance with obtaining social services	383	66.3
Employment counseling or training for clients	200	34.6
Assistance in locating housing for clients	297	51.4
Domestic violence	188	32.5
Early intervention for HIV	172	29.8

continued

Types of Services Offered (cont.)

	Facilities No.	%
HIV or AIDS education, counseling, or support	339	58.7
Hepatitis education, counseling, or support	255	44.1
Health education other than HIV/AIDS or hepatitis	276	47.8
Substance abuse education	537	92.9
Transportation assistance to treatment	272	47.1
Mental health services	307	53.1
Acupuncture	9	1.6
Residential beds for clients' children	39	6.7
Self-help groups	297	51.4
Smoking cessation counseling	169	29.2

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities No.	%
Substance abuse counseling	566	97.9
Relapse prevention	548	94.8
Cognitive-behavioral therapy	524	90.7
12-step facilitation	513	88.8
Motivational interviewing	495	85.6
Anger management	496	85.8
Brief intervention	443	76.6
Contingency management/motivational incentives	306	52.9
Trauma-related counseling	421	72.8
Rational emotive behavioral therapy (REBT)	314	54.3
Matrix model	152	26.3
Community reinforcement plus vouchers	66	11.4
Other treatment approaches	97	16.8

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	131	19
Number of clients[2]	4,616	796
Number of designated beds	4,967	414
Utilization rate (%)	92.9	192.3
No. of designated beds/facility (avg.)	38	22

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

[2] Number of clients on March 31, 2011.
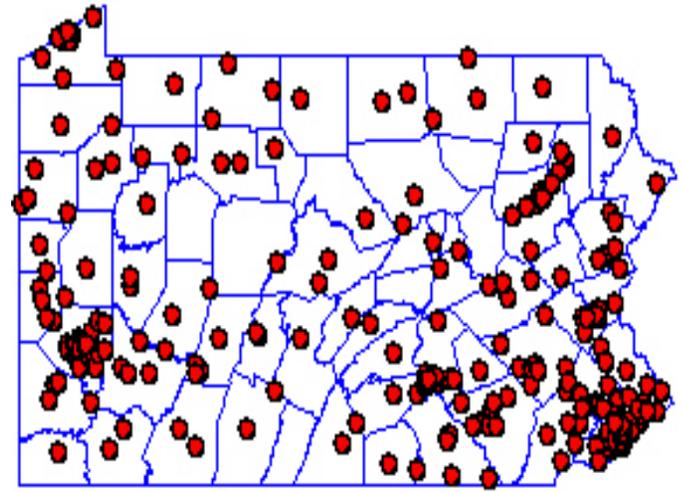
Programs for Special Groups

	Facilities No.	%
Any program or group	459	79.4
Co-occurring disorders	217	37.5
Adult women	208	36.0
Adolescents	169	29.2
DUI/DWI offenders	123	21.3
Criminal justice clients	130	22.5
Adult men	160	27.7
Pregnant or postpartum women	93	16.1
Persons with HIV or AIDS	74	12.8
Seniors or older adults	40	6.9
Lesbian, gay, bisexual, or transgender clients (LGBT)	38	6.6
Other groups	69	11.9

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	119	20.6
Any language other than English	150	26.0
Non-English Language Provided by:		
On-call interpreter only	38	25.3
Staff counselor only	85	56.7
Both staff counselor and on-call interpreter	27	18.0
Languages Provided by Staff Counselor:[1]		
Spanish	104	92.9
American Indian/Alaska Native languages	0	0.0
Other	29	25.9

[1] Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at:
http://www.datafiles.samhsa.gov

Other substance abuse reports are available at:
http://www.samhsa.gov/data/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

• Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/